

Plugged In



September 2009
Volunteer Report

Volunteer Opportunities and Updates from Eating Disorders Coalition of Tennessee

EDCT's Biggest Event is Upon Us!



goodbye ed,
hello me

Jenni Schaefer, Eating Disorders Coalition of Tennessee Board member and bestselling author of *Life Without Ed*, will sign her new book, *Goodbye Ed, Hello Me: Recover from Your Eating Disorder & Fall in Love with Life* (McGraw-Hill) on Sept. 1 at Davis-Kidd Booksellers from 7-9 p.m.

Come meet Jenni, buy her book and hear a live performance of "It's Okay to be Happy," a song Jenni co-wrote with Dave Berg and Georgia Middleman. Jenni, Dave and American Idol alum Ann Marie Boskovich will perform at the book-signing. Jenni is graciously donating her author royalties to EDCT.

Upcoming Events and Volunteer Opportunities

September 1: *Goodbye Ed, Hello Me* book signing with author Jenni Schaefer. Davis-Kidd Booksellers, 2121 Green Hills Village Drive, Nashville, TN. 7-9 p.m.

September 2: EDCT-Middle TN *Fashion for EveryBODY* Committee Meeting at EDCT office, 6 p.m.

September 7: Labor Day. Office Closed.

September 9: EDCT-Middle TN *Fashion for EveryBODY* Committee Meeting at EDCT office, 6 p.m.

September 10: YES! Team Committee Meeting at Kalamatas in Green Hills, 6:30 p.m.

September 10: New Executive Director welcome party at Cindi & David Dingler's, 6-7:30 p.m.

September 11: *Fashion for EveryBODY* online auction goes live!
<http://www.edct.cmarket.com/>

September 14: *Fashion for EveryBODY* Silent Auction Team Meeting at EDCT Office, 6:30 p.m.

September 15: EDCT Executive Committee Meeting at EDCT Office, 7:30 a.m.

September 16: *Fashion for EveryBODY* Pre-Party at Aerial, 6-9 p.m. \$15 in advance; \$20 at the door.

September 23: EDCT-Middle TN *Fashion for EveryBODY* Committee Meeting at EDCT office, 6 p.m.

September 26: *Fashion for EveryBODY* at Commodore Ballroom, doors open at 7 p.m.

For more information on any of these meetings and events, contact the EDCT office at contactus@edct.net or 615.831.9838

Emily West, Dean Brody & Forty Real-Sized Models to Rock Runway

Fashion for EveryBODY 2009

Chefs, realtors, preschool teachers, CEOs. They aren't your typical runway models, but this isn't your typical fashion show.

The sixth-annual Fashion for EveryBODY®, a New York-style fashion show celebrating real-sized, diverse models, will feature 40 male and female "ROLE Models" dressed in fall styles ranging from petite to plus-size.

The event takes place at Vanderbilt's Commodore Ballroom in Nashville, Tenn., on Sept. 26 at 7 p.m. Country-music recording artists Emily West (Capitol Records) and Dean Brody (Broken Bow Records) will co-host the event, which also includes a silent auction. All proceeds benefit Eating Disorders Coalition of Tennessee (EDCT), a Nashville-based, statewide nonprofit dedicated to eating disorder awareness, education and prevention.

This is the first year that ROLE Models have been nominated from within the community. More than 200 nominations rolled in from across Tennessee, as well as from Connecticut, North Carolina and Canada.

While models were allowed to nominate themselves, most of the applications came from peers, colleagues, mentors and family members.

Twenty-one Middle Tennessee boutiques, including Ivey on Main, Apricot Lane, Dawn D. Totty, Gent, Manuel, UAL, Madness Is, Flavour, Emmaline, Cajun Moon, The Daisy Chain, Hemline, Nashville Clothing Company, Pickles and Ice Cream, Blush, Studio 615 Inc. and others, will clothe the models. Stylists and makeup artists from Fruition Salon and Therapy Systems, respectively, will create the models' runway-ready looks.

The Fashion for EveryBODY Committee is also hosting a pre-party for the event. Come mix and mingle with Nashville's top ROLE Models and co-host Emily West on Wednesday, Sept. 16, from 6-9 p.m. at Aerial (411 Broadway in Nashville).

The event website, fashionforeverybody.org, includes a list of ROLE Models, sponsors and participating boutiques, as well as a link to ticket sales through TicketsNashville. Tickets are \$35 for general admission and \$75 for the VIP level when purchased before the show.

THANKS TO YOU!

Beth Lamb, Kendra Gray, Jill Baker and Reba Sloan for planning *Practice Essentials for Treating Eating Disorders*.

Lynn Lawyer, Beth Knott, Milton White, Elizabeth Onks, Mary Lee Bartlett, Stacy Nunnally, Beth Lamb, Shane Tarleton, Karen Tillier and Lacey Greene for serving on the 2009 ROLE Model Selection Committee.

Reba Sloan for writing the EDCT Blog *Conversation Changers: A Blog for EveryBODY*.

Mandy Boyd, Albert Roberts and Emily Lane for graphic design help.

Jenni Schaefer for contributing to *Weigh-In Wednesday!*

Alisha Wix and Anna Rose Anderson for helping with the newsletter mailing.

Laura Muck for keeping the EDCT MySpace page up to date.

Amanda Womack for working on Fashion Show production.

Rhonda Scarlata, Jill Baker and Cynthia Lucas for helping with membership.

Kathy Gaston, Nikki Allen, Sheri Switzer, Laura Muck, Alisha Wix, Andrea Pizzano, Courtney Muse, Lacey Newman, Stacy Nunnally, Beth Lamb, Abby Schneider, Missy Williams, Rachel Anderson, and Linda Van Auken for helping with the annual giving campaign.

Lacey Newman and Megan Stauffer for helping with Families Supporting Families.

Lacey Chemsak, Kristen Kabutan, Suzanne Carver, Laura Muck, Annie Farris, Sheri Switzer, Alyson Knop and Rachel Anderson for helping with the *Fashion for EveryBODY* Silent Auction.

Irv Rubenstein for helping secure beverages for *Fashion for EveryBODY*.

Alyson Knop for updating the EDCT listserve.

Beth Knott, Sarah Beth Bell, Rachel Anderson, Beth Lamb, Laura Muck, Mary Lee Bartlett, Lynn Lawyer, Elizabeth Onks, Stacy Nunnally, Kelsey Horick and Lauren Ray for delivering ROLE Model information packets.

Laura Muck for tweeting on behalf of EDCT.

Milton White and Elizabeth Onks for setting up ROLE Model fittings.

Beth Knott, Rachel Anderson, Mary Lee Bartlett, Rhonda Scarlata, Sheri Switzer, Irv Rubenstein, Nancy Beveridge, and Jenni Schaefer helping with *Fashion for EveryBODY* Sponsorship.

Laura Muck, Holly Bishop, Kathy Gaston, Cheyenne Metzger and Nikki Allen for working the Belmont University student fairs.