

Plugged In



July 2009
Volunteer Report

Volunteer Opportunities and Updates from Eating Disorders Coalition of Tennessee

Volunteers & Members Honored at Annual Celebration



2009 HONOREES: VISIONARY AWARD, KAREN WETHERALL, PRESIDENTS AWARD, MARY WADE, VOLUNTEER OF THE YEAR, RACHEL ANDERSON, FOUNDERS AWARD, LAURA NEWTON

Fashion for EveryBODY looking for ROLE Models

Accepting Nominations until July 15th

Eating Disorders Coalition of Tennessee has rocked the fashion scene in Nashville the last 5 years with Fashion for EveryBODY, a pioneering, upbeat fashion event that showcases the beauty and style of models in various shapes, sizes, and backgrounds. It is a unique and uplifting event that is truly for EveryBODY. To take it a step further, EDCT is relying on the community to choose this year's "ROLE Models."

Country Music Recording Artists Emily West and Dean Brody have teamed up with EDCT to find role models whose real beauty shines from within for 6th Annual event. Sound like anyone you know? If so, we want to make them a "ROLE model"!

Nominate yourself or someone you know by July 15, 2009 for a chance to walk the runway with Emily & Dean. Each ROLE model will have the opportunity to show off the latest fall trends courtesy of over a dozen top Nashville boutiques including Ivey On Main, UAL-United Apparel Liquidators, Madness Is, Emmaline, Nashville Clothing Company, Pickles & Ice Cream, Flavour and many more.

Nominees can be male or female, 21 years of age and older, and someone who celebrates his or her uniqueness, in their size, shape, background, personality or all the above. All they need is sheer fabulousness shining from the inside out!

The event is being hosted by Capital Recording Artist Emily West and Broken Bow Records Recording Artist Dean Brody at the Commodore Ballroom located at 310 25th Avenue South, Nashville, TN, Saturday, September 26 at 7 PM. Tickets are available now through Tickets Nashville.

For more information about this annual fundraiser visit or to nominate someone to be a 2009 ROLE Model visit <http://www.fashionforeverybody.org>



HELP EDCT WIN \$100 CASH

Looking for a quick and easy way to volunteer this summer? Help Eating Disorders Coalition of Tennessee win \$100 through the Community Foundation of Middle Tennessee (CFMT) \$1K Twitter Nonprofit Giveaway! CFMT is giving away a \$100 to a nonprofit in Middle Tennessee each week during July.

All you need to do is follow EDCT at <http://www.twitter.com/EDCT>
Follow CFMT at <http://www.twitter.com/CFMT>
and Tweet the phrase:

Help @EDCT win \$100 from @CFMT by RT this! Learn more: <http://tinyurl.com/r6usaj> #cfmt #nonprofitgiveaway

The more users who re-tweet (RT) the phrase, the better chance EDCT has of winning! So start tweeting and help us win!

For more information visit <http://cfmt.org/twittergiveaway/>. Your support will be greatly appreciated!

Upcoming Events and Volunteer Opportunities

THANKS TO YOU!

Milton White & Kesley Horick for writing a press release for Fashion for EveryBODY.

Debbie Dover for securing a makeup artist for Nashville Lifestyle/Fashion for EveryBODY Photo Shoot.

Emily Lane for designing the Membership Celebration Save The Date, Invitation, & Program.

Mandy Boyd for graphic design help.

Carol Fraizer for contributing to *Weigh-In Wednesday!*

Lauren Ray for securing two Fashion for EveryBODY PSAs on WSIX Big 98.

Haylee Hall for serving as Fashion for EveryBODY Sponsorship Chair.

Laura Muck for updating EDCT's donor database.

Lynn Lawyer for hosting Fashion for EveryBODY meeting at her home.

Desyree Raskin for securing Fashion for EveryBODY Pre-Party venue.

Selah House for inviting EDCT staff and professional members to a Nashville networking dinner.

Liz Llewellyn, Beth Knott & Suzanne Carver for writing and editing help.

Liz Llewellyn, Kesley Horick, Beth Knott, Lynn Lawyer & Kathy Gaston for helping with ROLE Model information packets.

Lynn Lawyer for serving as 2009-2010 EDCT Junior League of Nashville Project Chair Coordinator.

Desyree Raskin for securing a Fashion for EveryBODY Boutique.

Susan Akers, Mary Lee Bartlett, Carol Frazier, Kayti Protos, Beth Lamb, Hillary Jarvis for serving on the 2009-2010 YES! Team committee.

Lynn Lawyer, Beth Knott, Milton White, Elizabeth Onks, Deanna Burton, Lauren Ray, Christina Smith, Sheri Switzer, Rachel Anderson, Sarah Beth Bell for distributing ROLE Model Nomination post cards.

Deanna Burton & Lacey Greene for inviting EDCT and Fashion for EveryBODY to be part of the Nashville Lifestyle AList Summer Promotion.

Laura Muck, Deanna Burton, Sarah Beth Bell, Kesley Horick & Rhonda Scarlata for helping with the Annual EDCT Celebration.

Sarah Beth Bell and Kesley Horick for helping with administrative tasks.

July 1: Fashion for EveryBODY Tickets go on sell. More information at <http://www.fashionforeverybody.org>

July 8: EDCT-Membership Committee Meeting at EDCT office, 7:30 a.m. For more information contact rscarlata@bellsouth.net

July 8: EDCT-Middle TN Fashion for EveryBODY Committee Meeting at EDCT office, 6 p.m.

July 9: Junior League Nashville 2009-2010 Placement Volunteer Training, 6:15 p.m. EDCT office.

July 15: Fashion for EveryBODY ROLE Model nominations close. More information at <http://www.fashionforeverybody.org>

July 22: EDCT-Middle TN Fashion for EveryBODY Committee Meeting at EDCT office, 6 p.m.