

Plugged In



November 2009
Volunteer Report

Volunteer Opportunities and Updates from Eating Disorders Coalition of Tennessee

Fashion for EveryBODY Raise's \$30,000 for EDCT



2009 ROLE MODELS AND FASHION VOLUNTEERS BACKSTAGE AT FASHION FOR EVERYBODY. SEE MORE FASHION FOR EVERYBODY PHOTOS AT WWW.SHUTTERCREEKPHOTO.COM

CONVERSATION CHANGERS: A BLOG FOR EVERYBODY

Now is your chance to change the conversation!

Check out Conversation Changers: A Blog for EveryBODY and add your voice to raising the awareness of eating disorders in the virtual world. Lead contributor Reba Sloan, MPH, LRD, FAED, writes thought-provoking posts on a variety of topics, such as body image, "fat talk," eating disorders and more. Use the comment section to share what you think. We'll also post our Weigh-in

Wednesday blurbs on the blog each week, giving you even more chances to share your thoughts. (If you're not signed up for Weigh-in Wednesday yet, e-mail contactus@edct.net.)

Read, follow and comment on the blog at <http://www.reba-edct.blogspot.com/>. (If you have any questions about how to subscribe to/"follow" the blog, email contactus@edct.net.)

THANKS TO YOU!

Beth Lamb, Kendra Gray, Jill Baker and Reba Sloan for planning and speaking at *Practice Essentials for Treating Eating Disorders*.

Lynn Lawyer, Beth Knott, Milton White, Elizabeth Onks, Stacy Nunnally, Rachel Anderson, Sheri Switzer, Stacey Kay Lawrence, Cory Stromblad, Deanna Bruton, Desyree Raskin, Christina Snow Smith, Jessie Weisend and Lauren Ray for serving on the 2009 *Fashion for EveryBODY* Committee.

Reba Sloan for writing the EDCT Blog *Conversation Changers: A Blog for EveryBODY*.

Mandy Boyd, Albert Roberts and Emily Lane for graphic design help.

Jenni Schaefer, Reba Sloan, Randy Horick, Sharica Smallwood and Shelby Adams for contributing to *Weigh-In Wednesday!*

Jenni Schaefer for hosting *Goodbye Ed, Hello Me* book signing benefiting EDCT.

Brooke Turpen, Trish White, Cheyenne Metzger, Erica Todd and Gina Murfree for helping at *Fashion for EveryBODY* Pre-Party.

Emily Lane and Cory Stromblad for tech support.

Laura Muck for tweeting on behalf of EDCT.

Jill Castle, Beth Lamb, Eileen Myers, Christina Snow Smith, Lauren Ray and Stacey Kay Lawrence for speaking on behalf of EDCT.

Holly Bishop, Alisha Wix, Anna Rose Anderson, Mary Kathryn Yeiser, Lauren Lequire, Carol Frazier, Mizzie Logan, Alyson Knop, Alison Rene Martin, Rhonda Scarlata, Jordan Buckley, Matthew Madden, Brittney Hannah, Brooke Turpen, Gina Murfree, Mary Lee Bartlett, Laura Muck, Lesley McCormack, Katherine Akers, Brittany Bauer, Rebecca Mehr, Susan Akers, Wesley Knight, Kristen Kabutan, Fredrik Perrson, Ruth Stanley, Stacy Meredith, Amanda Womack, Janice Williams, Missy Williams, Hannah Scantlen, Nati Jolivet, Lori Bumgarner, Sherlyn Fox, Abby Schneider, Trish White, Sam Alpren, Jill Baker, Pauline Alexander, Graesa Amdahl, Neil Ann Delk, Kelsey Duggan, Judy Hu, Ella Kidd, Carmen Lindie, Ashley Money, Ella Payne, Jenny Renfrow, Sarah Shipman for volunteering at *Fashion for EveryBODY*.

Brittany Bauer for helping at *Goodbye Ed, Hello Me* book signing with Jenni Schaefer.

Betsy Bernstein and Gina Murfree for staffing the EDCT informational table at Vanderbilt's Wellness Bash.

Lacey Newman for helping secure food for ROLE Models and volunteers at *Fashion for EveryBODY*.

Fruition Salon Stylists for serving as the ROLE Models personals hair stylists at *Fashion for EveryBODY*.

Laura Muck, Matthew Madden, Sara-Taylor Sharpe, Jordan Buckley and Alex Kennedy for help with administrative tasks.

Lynn Lawyer for hosting the *Fashion for EveryBODY* wrap-up party.

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Amanda Womack for doing fashion show production at *Fashion for EveryBODY*.

Elizabeth Kampf of Vanderbilt IMAGE and Monnie Furlong from The Ranch for help with "America the Beautiful."

Kristian Dambrino and Lauren Ray for helping at "America the Beautiful."

Kathy Gaston for hosting *Evening of Song and Story* meeting at her home.

Kayti Protos and Lacey Chemsak for help with picking up silent auction items.

The Ranch for hosting EDCT Executive Director Liz Llewellyn at their Professionals Weekend.

Jenni Schaefer for speaking at Families Supporting Families Nashville.

AWARENESS WEEK

It's time to start planning Eating Disorders Awareness Week 2010! Awareness Week is made possible through the efforts of EDCT volunteers, eating disorder professionals, health care providers, and educators, who are committed to raising the awareness of eating disorders, as well as promoting positive body image. Awareness Week will be held February 21-27, 2010.

We hope you can meet at the EDCT office at 6 p.m. on Tuesday, November 3, to brainstorm ideas. Past Awareness Week activities have included movie screenings, panel discussions, community chats, press conferences and a 5K fun run. We are excited to hear your ideas and hope you will join us in planning the best Awareness Week yet!

Upcoming Events and Volunteer Opportunities

November 3: EDCT Middle-TN Awareness Week Planning Meeting, EDCT office, 6 p.m.

November 5: EDCT Middle-TN *Evening of Song & Story* Committee Meeting, Susan Akers' home, 7 p.m.

November 11: Membership Meeting, EDCT office, 7:30 a.m.

November 12: Board of Directors Retreat for Strategic Planning, 5-9 p.m.

November 13: Annual Forum Committee meeting, EDCT office, 7:30 a.m.

November 17: EDCT Middle-TN YES! Team Meeting, EDCT office, 6:00 p.m.

November 26-28: Office Closed.

December 15: Executive Committee meeting 7:30 a.m. EDCT Office.

December 24-27: Office Closed.

December 31: Annual Forum Call for Submission deadline.

For more information on any of these meetings and events, contact the EDCT office at contactus@edct.net or 615.831.9838