

Plugged In



January 2009
Volunteer Report

Volunteer Opportunities and Updates from Eating Disorders Coalition of Tennessee

Volunteers Help in Out During Their Holiday Break



VOLUNTEER LAURA MUCK GIVING HER TIME DURING HER HOLIDAY BREAK FROM BELMONT



Love Your Body Already!

Social networking has now become socially conscious, and it is benefitting EDCT! Any Facebook User can join a cause, recruit their friends into that cause, keep everybody in the cause up-to-speed on issues and media related to the cause, and, most importantly, raise money directly through the cause. Over a million registered 501(c)(3) nonprofits have a Facebook cause. EDCT launched our Facebook Cause Love Your Body Already last year and now has 775 members and raised \$70.

The Cause Application processes donations automatically via credit card through Network for Good. As members recruit new members to the Cause a public "scorecard" is displayed on the cause page. This allows us to reward people who help grow Love Your Body Already.

To join, donate and recruit members for Love Your Body Already go to http://apps.facebook.com/causes/44011?recruiter_id=11261716

Award Winning documentary premiering in Memphis

America the Beautiful comes to West Tennessee for Awareness Week

EDCT-Memphis is excited to announce the Memphis movie premier of America the Beautiful! On Tuesday, February 24th at the Rose Theater on the campus of University of Memphis the award winning documentary will make its West Tennessee premier. The film's writer & producer Darryl Roberts will be on location to participate in a Q&A following the film.

Roberts goes on a two year journey to examine America's obsession: physical perfection. In America the Beautiful, we learn secrets, confessions, and strikingly harsh realities as Roberts unearths the origins and deadly risks of our nation's quest for physical perfection. We see how these increasingly unattainable images contribute greatly to the rise in low self-esteem, body dysmorphia, and eating disorders for young women and girls who also happen to be the beauty industry's largest consumers.

America the Beautiful is the story of Gerren Taylor, a teenager who went from being an innocent 12 year old girl to being one of America's

next top supermodels. It becomes apparent how the same beauty that could jumpstart her career could ultimately destroy her young life.

Follow Darryl as he asks Paris Hilton, Jessica Simpson, Aisha Tyler, Tisha Campbell, Julianne Moore, Michael Beach, Mena Suvari, Martin Short, as well Susan Schulz, the Editor-in-Chief of CosmoGirl!, along with various other celebrities and experts in cosmetics, fashion, media, and self-esteem the major question at hand... Does America have an unhealthy obsession with beauty?

For more information go to:
<http://www.edct.net/ContentPage.aspx?WebPageId=19296&GroupId=3013>



THANKS TO YOU!

Noelle McIntyre, Annie Farris, Rachel Anderson, O'Neill Crist-Fulk, Kathy Gaston, Beth Lamb, Alyson Knop & Raven Tilley for helping with the Holiday letter.

Missy Williams, Krisi McCall, Annie Farris, Sarah Smith & Caroline Roche West for help in seeking area non-profits to partner with on the 2009 Community Chat.

Laura Muck & Shauna Tahere for administrative assistance over the holidays.

Jill Castle, RD, Carly McNeil, MSN, Kathleen Goodman & Eileen Myers, RD for speaking at Glenclyff High School.

Reba Sloan, RD for speaking at Vanderbilt University.

Emily Lane for her technical help.

University of Memphis students: Cody Newman, Brandy Hunter, Toya Butcher, & Jessica Brooks for help in recruiting Memphis YES! Teams for 2009-2010.

Nicole Siegfried, Cheyenne Metzger, O'ni Tanesha Green, Susanne Shepherd, Lesley Levy, Annie Farris, Amelia Mohammed, Sherrill Naegele & Ashley Hackett for being top recruiters for Facebook Cause Love Your Body Already!

Debbie Dover for her help with Evening of Song & Story.

Whitney Hassell for contributing to the EDCT Let's Talk Winter Newsletter.

Upcoming Events and Volunteer Opportunities

January 1: EDCT Office Closed

January 5: EDCT-Memphis America the Beautiful committee meeting at McAlister's Deli, 7710 Poplar Avenue Germantown 5:30 p.m. All are welcome. Please R.S.V.P. to marymargaretej1@comcast.net

January 7: Membership Committee Meeting at EDCT Office at 7:30 a.m. Please R.S.V.P. to rscarlata@bellsouth.net

January 13: EDCT-Middle TN Evening of Song & Story committee meeting at EDCT Office 6:00 p.m. Please R.S.V.P. to kbmalone@comcast.net

January 14: EDCT-Middle TN YES! Team Committee Meeting at Franklin Road Academy 7:30 a.m. Please R.S.V.P. to sakers1@aol.com

January 16: Forum Committee Meeting. EDCT Office 7:30 a.m.

January 19: EDCT Office Closed.

January 20: Board of Directors meeting 7:30 a.m. EDCT Office.

January 21: EDCT-Memphis regional meeting 5:15 p.m. Location TBD