

Plugged In



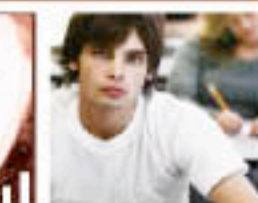
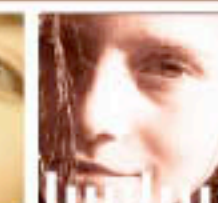
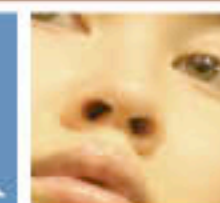
February 2009
Volunteer Report

Volunteer Opportunities and Updates from Eating Disorders Coalition of Tennessee

Full Week of ED Awareness Events Scheduled

Feb.
22-28
2009

EATING DISORDERS AWARENESS WEEK



Eating Disorders Coalition of Tennessee

www.edct.net

For more info
Contact:

EDCT OFFICE AT
1-877-526-EDCT
(3328)

Love everyBODY... Start with yours!

FOR A COMPLETE LIST OF AWARENESS WEEK EVENTS VISIT:
WWW.EDCT.NET/RAISINGAWARENESS.ASPX

Creating a Positive Impact on Body Image Workshop

One-Day workshop in Knoxville for Professionals

EDCT-Knoxville is excited about the one day workshop: Creating a Positive Impact on Body Image. This interactive and instructional workshop is geared toward clinical professionals working with disordered eating/eating disordered clients, clients with body image disturbance or for those seeking to enhance their range of knowledge and skills with either of these populations. A theoretical model of Body Image Disturbance and Eating Disorders will be thoroughly presented, addressing biological, cultural and psychological factors. A review of different assessment methodologies will be covered.

Presentations include: *The Clinician's Tool Box: Assessment and Intervention Tools for Treating Body Image Disturbance with Eating Disordered Populations* by Dr. Karen Silien, *Geekdoc on Eating Disorders* by Dr. Brent R. Coyle and *Using Creative Arts in the Treatment of Body Image Disturbance and Eating Disorders* by Ray F. Evette, MA, Creative Arts Therapist.

This one-day workshop is for Psychologists, Counselors, Social Workers, School Counselors, Registered Dietitians, Exercise Physiologists, Pediatricians, Internists, Psychiatrists, Public Policy professionals and Public Health officials. Registration is \$60 for professionals and \$20 for students. CEU's are available. Registration is limited to 80 participants.

For more information visit www.edct.net/raisingawareness.aspx or contact Karen Wetherall at kbalnick@utk.edu or 865-466-7002.

SPONSORED BY:
FOCUS HEALTHCARE OF TENNESSEE
CENETR FOR CHANGE
THE RANCH
EMOTIONAL HEALTH & RECOVERY CENTER
KNOXVILLE AREA PSYCHOLOGICAL ASSOCIATION

THANKS TO YOU!

Rachel Anderson, O'Neill Crist-Fulk, Shauna Tahere, Heather Smith, Ellen Morphis, Lacey Chemsak, Laura Muck & Missy Williams for helping with the Forum Mailing List.

Eileen Myers for planning the 2009 Forum Fistia.

Emily Lane for her designing the 2009 Forum Fistia Invitation.

Laura Muck, Christina Snow Smith, Alyson Knop & Raven Tilley for administrative assistance.

Karen Wetherall MS, RD, LDN for planning EDCT-Knoxville Professional Workshop *Creating a Positive Impact on Body Image*.

Krisi McCall, Shauna Tahere & Kathy Gaston for staffing a EDCT booth at Nashville screening of *America the Beautiful*.

Emily Lane, Lynn Lawyer, Waller McInnes & Leigh McGinty for help with the Mary Catherine Strobel Volunteer Award application.

Carol Fraizer & Alyson Knop for contributing to Weigh-In Wednesday!

Sarah Hays Coomer, Courtney Grimes Cuden, Jenn Visser & Eileen Myers for speaking on EDCT's behalf.

Jaci Thomson for chairing the Vanderbilt Law School Awareness Week panel.

Tobi Fishel for serving as course director for CEUs for the Annual Forum.

Emily Lane for her technical support.

WORLDWIDE CHARTER FOR
ACTION
ON EATING DISORDERS

Nashville Press Conference

In conjunction with the Academy of Eating Disorders, National Eating Disorders Association, and the national Eating Disorders Coalition, Eating Disorders Coalition of Tennessee is working in the state of Tennessee to launch the Worldwide Charter for Action on Eating Disorders. A press conference is currently scheduled at the Tennessee State Capitol on Wednesday, February 25, 2009. This will be held during National Eating Disorders Awareness Week (Feb. 23-28, 2009).

On that same day, a joint resolution will be presented to both the Tennessee State House and Senate with the support of Representative Sherry Jones.

We are fortunate to have the current president of the national Eating Disorders Coalition, Kitty Westin, serving as co-chair of this Tennessee press conference along with Ms. Elliott Moore.

For more information contact Jennifer at jennifer@edct.net or 615-831-9838

Upcoming Events and Volunteer Opportunities

February 3: EDCT-Middle TN Evening of Song & Story Committee Meeting at EDCT Office 6:00 p.m. Please R.S.V.P. to kmalone@comcast.net

February 4: EDCT-Middle TN YES! Team Committee Meeting at Franklin Road Academy 7:30 a.m. Please R.S.V.P. to sakers1@aol.com

February 11: EDCT-Middle TN Fashion for EveryBODY Committee Meeting at EDCT Office 6:00 p.m. Please R.S.V.P. to Elisabeth.Knott@iconplc.com

February 13: Forum Committee Meeting at EDCT Office 7:30 a.m.

February 20: EDCT-Knox Area Professional Training: Creating a Positive Impact on Body Image. UT Vistors Center, 8:00 a.m.-3:30 p.m.

February 23: EDCT-Memphis The Century Project opening reception. Hyde Hall on the campus of Rhodes College, 6 p.m.

February 24: EDCT-Middle TN Educational Panel What is Normal Eating?: Unveiling Disordered Eating in a High-Stress Environment at Vanderbilt Law School. Noon-1 p.m.

February 24: EDCT-Memphis America the Beautiful event. Rose Theatre on the campus of U of M. 7-9 p.m.

February 25: Worldwide Charter for Action on Eating Disorders Nashville Press Conference.