

Plugged In



August 2009
Volunteer Report

Volunteer Opportunities and Updates from Eating Disorders Coalition of Tennessee

College Students Spend Summer Volunteering



KELSEY HORICK, SENIOR AT SOUTHWESTERN UNIVERSITY, SARAH BETH BELL, JUNIOR AT HENDRIX COLLEGE AND LAURA MUCK, JUNIOR AT BELMONT UNIVERSITY

EDCT HIRES NEW EXECUTIVE DIRECTOR

Eating Disorders Coalition of Tennessee is happy to announce the hiring of its new Executive Director, Liz Llewellyn. After interviewing many strong candidates for the position of Executive Director, we are pleased to announce that we have found a great person to lead the organization!

Liz is originally from Fremont, Michigan. She graduated Cum Laude from Hillsdale College in Hillsdale, Michigan, with a B.A. in Elementary Education. Liz comes to the Coalition after eight years at Currey Ingram Academy, an independent K-12 school for about 300 students with learning differences in Brentwood, Tenn. She served as Publications Coordinator and Writing Specialist for four years, working closely with fundraising, grant writing, communications and event planning staff as a member of the school's Advancement Office. Prior to that role, Liz taught second and fourth grades. She joined the EDCT in 2005, co-chairing the YES! Team Committee from 2006-2008 and most recently serving as Membership Committee Co-chair. She received the EDCT Volunteer Award in 2008 and is also a Speakers' Bureau member. Liz lives in Nashville.

Liz will begin her role on August 10th. In the meantime, if you'd like to send her a congratulatory e-mail, her address is ejllewellyn@yahoo.com

Sponsor Fashion for EveryBODY 2009!

Support Health & Wellness

Eating Disorders Coalition of Tennessee is looking for some great business to join 98 WSIX, Nashville Lifestyles Magazine, Red Pepper and others as a sponsor of Fashion for EveryBODY®. The event provides great community exposure for sponsors through radio, print, and television publicity opportunities.

Who attends Fashion for EveryBODY®? Over 50% of our attendees make between \$50,000 and \$100,000 annually and have post-graduate degrees. About 80% of the attendees are between the ages of 21-45. Over 60% of the audience are image-conscious, ambitious, professional women. This event provides brand and marketing opportunities for companies while supporting the health and wellness of our community.

The purpose of this exclusive fundraiser is to celebrate the real beauty found in the real-sized (role) models of community leaders and local VIPs right here in our Middle Tennessee community. Over 400 guests are expected at this year's event. All proceeds will go to benefit the programs and services of the Eating Disorders Coalition of Tennessee.

We hope to have the support of our volunteers to find some great supporters of this 6th Annual Event so we

are able to continue to help families and individuals in need of eating disorders' treatment and resources.

Fashion for EveryBODY® will be hosted by Capital Recording Artist Emily West and Broken Bow Records Recording Artist Dean Brody. The event will be held on September 26, 2009 at the Commodore Ballroom in Nashville, TN.

A sponsorship packet containing the many opportunities for businesses or individuals to support this event can be found at <http://www.fashionforeverybody.org>. If you are interested in helping or have additional questions, please feel free to contact EDCT at 615.831.9838 or by email at contactus@edct.net. We thank you in advance for your support of this event.



Upcoming Events and Volunteer Opportunities

August 3: Fashion for EveryBODY Silent Auction Team Meeting.

August 4: YES! Team Committee Meeting, Green Hills Panera Bread, 6:30 p.m.

August 5: EDCT-Middle TN Fashion for EveryBODY Committee Meeting at EDCT office, 6 p.m.

August 10: EDCT-Middle TN Fashion for EveryBODY ROLE Model Selection Committee Meeting at EDCT office, 6 p.m.

August 14: Annual Forum Committee meeting. EDCT Office, 7:30 a.m.

August 14: Fashion for EveryBODY ROLE Model's Announced.

August 18: Board of Directors Meeting. EDCT Office, 7:30 a.m.

August 19: EDCT-Middle TN Fashion for EveryBODY Committee Meeting at EDCT office, 6 p.m.

For more information on any of these meetings and events, contact the EDCT office at contactus@edct.net or 615.831.9838

THANKS TO YOU!

Kelsey Horick, Sarah Beth Bell, Jill Baker & Jill Castle for speaking on behalf of EDCT.

Neil Robison for providing Emily West's hair and makeup for Nashville Lifestyle/Ivey On Main Photo Shoot.

Kandra Gray for writing the 2010 Annual Forum Call for Submissions.

Mandy Boyd for Fashion for EveryBODY Save The Dates graphic design help.

Whitney Hassell for contributing to *Weigh-In Wednesday!*

Cory Stromblad for editing the Emily West Fashion for EveryBODY Photo Shoot YouTube Video.

Kathy Gaston for chairing the annual giving campaign.

Laura Muck for creating a new EDCT donor database.

Liz Llewellyn for designing the Annual Giving Campaign letter.

Alyson Knop for updating the EDCT Resource Library database.

Lacey Chemsak, Kristen Kabutan, Kayti Protos, Laura Muck, Annie Farris, Sheri Switzer and Rachel Anderson for serving on the Fashion for EveryBODY Silent Auction Committee.

Beth Knott for writing and editing help.

Kelsey Horick, Sarah Beth Bell, Laura Muck, Randy Horick for helping with potential ROLE Model information packets.

Kelsey Horick and Laura Muck for keeping EDCT Facebook page up to date.

Milton White & Elizabeth Onks for securing a Fashion for EveryBODY Boutiques.

Jenny Genua, Alisha Wix, Milton White, Annie Farris, Cory Stromblad, Beth Knott, Stacy Nunnally, Lynn Lawyer, Elizabeth Onks, Sarah Beth Bell, Kelsey Horick, Laura Muck, Sheri Switzer, Haylee Hall for helping with Fashion for EveryBODY Sponsorship and Boutique Participation.

Laura Muck for attending Cool People Care Social Media Camp on behalf of EDCT.

Laura Muck and Kelsey Horick for help with new Board Member binders.

Sarah Beth Bell for keeping the EDCT MySpace page up to date.

Misty Bays, Emme Baxter, Paul Burson, Todd Callahan and Sheri Switzer for joining the EDCT Board of Directors.

Mary Lee Bartlett for hosting the 2009-2010 new board member orientation.